MONDAY - SUNDAY - 6AM - 2PM

## TOAST

WHITE, OLIVE OR GRAIN SOURDOUGH,
COUNTRY FRUIT + WALNUT

~ 10 ~

GLUTEN FREE QUINOA OR GLUTEN FREE FRUIT LOAF TOAST

GF

~ 12 ~

SPREAD OPTIONS > VEGEMITE, FARM JAM, HONEY, ORGANIC PEANUT BUTTER OR NUTELLA

## **ACAI BAR**

### ORIGINAL ACAI

PALEO GRANOLA + BANANA W/ ACAI BERRY VG + GF + DF + V

~ 19 ~

## ORGANIC PEANUT BUTTER ACAI

PALEO GRANOLA + BANANA W/ ACAI BERRY VG + GF + DF + V

~ 20 ~

+ WHEY PROTEIN / VEGAN PEA PROTEIN 4

### HOUSE MADE BANANA BREAD

FRESH OR TOASTED WITH BUTTER

V

~ 8.5 ~

#### OVEN BAKED GRANOLA

HONEY + COCONUT GRANOLA, COCONUT YOGHURT, BANANA, PEAR, BERRIES, CHOICE OF MILK

V + DF

~ 18 ~

#### APPLE CRUMBLE PORRIDGE

APPLE, BLUEBERRIES, MARSCAPONE, SPICED MAPLE, CINNAMON OAT CRUMBLE

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~ 18 ~

### BREAKFAST BURGER

HICKORY SMOKED BACON, JACK CHEESE,
BABY SPINACH, FRIED EGG, AIOLI,
HOMEMADE KETCHUP, HASH BROWN + MILK BUN

~ 18 ~

#### FRENCH TOAST

HOUSE MADE BREAD AND BUTTER FRENCH TOAST, VANILLA BEAN GELATO, LEMON COOKIE CRUMB, BERRY COMPOTE

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~ 21 ~

ALL OUR SOURDOUGH AND HANDMADE PASTRIES COME FROM LITTLE SUTTON BAKEHOUSE

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MONDAY - SUNDAY - 6AM - 2PM

#### **HEALTHY START**

VINE TOMATO, BASIL, AVOCADO, CASHEW +
CAULIFLOWER CHEESE, TASMANIAN SMOKED
SALMON, DRIZZLED W/ EXTRA VIRGIN OLIVE OIL
+ TOASTED OLIVE SOURDOUGH

DF

~ 21 ~

#### SMASHED AVO

SMASHED AVOCADO, MEREDITH FETA, TURMERIC + MUSTARD VINAIGRETTE, HERBS, ALMOND DUKKHA SERVED ON GRAIN SOURDOUGH

- -

~ 20 ~

+ FREE RANGE EGG 4.5 + HICKORY SMOKED BACON 6

#### **MUSHROOMS**

SAUTEED WILD MUSHROOMS, MEREDITH GOATS FETA , KALE, CARAMELISED ONION, TORN BASIL, HAZELNUTS + OLIVE SOURDOUGH

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~ 21 ~

+ FREE RANGE EGG 4.5

#### EGGS BENEDICT

LOCAL FREE RANGE EGGS W/ CHOICE OF HICKORY SMOKED BACON, TASMANIAN SMOKED SALMON, BABY SPINACH, HAND CARVED LEG HAM + HOLLANDAISE

NF

~ 21 ~

#### DS BURITTO

HAND CARVED LEG HAM, SUPERKRAUT, TWO POACHED EGGS, HOLLANDAISE, SRIRACHA, CRISPY SHALLOTS, CORIANDER, SESAME SEEDS,

NF

~ 21 ~

#### SHAKSHOUKA

MIDDLE EASTERN BAKED EGGS, SPICED TOMATO, WHITE BEANS, LABNEH, CRUSHED PISTACHIO, TOASTED TURKISH BREAD

ν

~ 20 ~

+ CHORIZO 6

#### EGGS ON TOAST

LOCAL FREE RANGE EGGS POACHED, SCRAMBLED OR FRIED ON SOURDOUGH

V + NF

~ 14 ~

#### SIDES

FREE RANGE EGG / HASH BROWN
4.5

TASMANIAN SMOKED SALMON/ HICKORY SMOKED BACON/CHORIZO

MEREDITH GOATS FETA / HALOUMI
6

SAUTÉED WILD MUSHROOMS

AVOCADO/ SLOW ROASTED TOMATO / BABY SPINACH

5.5

ALL OUR SOURDOUGH AND HANDMADE PASTRIES COME FROM LITTLE SUTTON BAKEHOUSE

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MONDAY - SUNDAY - 6AM - 2PM

### HAM AND GRUYÈRE TOASTIE

BAKED HONEY LEG HAM, GRUYÈRE CHEESE, DIJON MUSTARD

~ 18 ~

#### CLASSIC BURGER

RIVERINA ANGUS, OAK LETTUCE, FRESH TOMATO, JACK CHEESE, AMERICAN MUSTARD, PICKLED GHERKINS, KETCHUP + FRIES

NF

~ 25 ~

#### SOUTHERN FRIED CHICKEN BURGER

CRISPY SOUTHERN FRIED CHICKEN BREAST, SLAW, LETTUCE, SIRACHA KEWPIE + FRIES

NF

~ 26 ~

#### MISO SALMON POKE BOWL

MISO GRILLED SALMON, WAKAME SALAD, AVOCADO, KIMCHI, BOILED EGG, ORGANIC BROWN RICE, RED CABBAGE, PICKLED GINGER, CUCUMBER, FRESH GREEN CHILLI, ROASTED SESAME + TAMARI DRESSING GF + NF + DF

~ 27 ~

#### CHICKEN TOASTIE

CHICKEN, AIOLI, MERIDETH FETA + AVOCADO

~ 18 ~

**FRIES** 

W/ AIOLI

NF

~ 12 ~

## KIDS MENU

ALL ~ 18 ~ EACH

### BUTTERMILK FRIED CHICKEN

W/ FRIES

NF

#### CHEESEBURGER

W/FRIES

NF

CHECK BLACKBOARD FOR WEEKLY SPECIALS

ALL OUR SOURDOUGH AND HANDMADE PASTRIES
COME FROM LITTLE SUTTON BAKEHOUSE

~

MONDAY - SUNDAY - 6AM - 2PM

## COFFEE

ESPRESSO / MACCHIATO /
RISTRETTO / PICCOLO
CUP / SMALL
4.7

#### **CAPPUCCINO**

CUP / SMALL ~ 5 MUG / LARGE ~ 6

#### **FLAT WHITE**

CUP / SMALL ~ 5 MUG / LARGE ~ 6

#### LATTE

CUP / SMALL ~ 5 MUG / LARGE ~ 6

#### LONG BLACK

CUP / SMALL ~ 5 MUG / LARGE ~ 6

#### **CHAI LATTE**

CUP / SMALL ~ 5.5 MUG / LARGE ~ 6.5

#### TUMERIC LATTE

CUP / SMALL ~ 5.5 MUG / LARGE ~ 6.5

#### **MOCHA**

CUP / SMALL ~ 5.5 MUG / LARGE ~ 6.5

## **BELGIAN HOT CHOC**

MILK / DARK / WHITE / TOP DECK /
CHOCOLATE OVERDOSE
CUP / SMALL ~ 5.5

MUG / LARGE ~ 6.5

## **EXTRAS**

BABYCINO

GROUND DECAF

DOUBLESHOT 0.7

MILKS
COCONUT / LACTOSE FREE /
BONSOY / ALMOND / ORGANIC OAT

FLAVOURS CARAMEL / VANILLA / HAZELNUT

## **ORGANIC TEA**

**ALL** ~ 5.5 ~ **EACH** 

#### GOOD MORNING LONDON

DISTINCTIVELY RARE PREMIUM ENGLISH BREAKFAST TEA

#### THE SIR EARL

A REGAL BLEND FOR THE DISTINGUISHED EARL GREY DRINKER

#### **VERMONT CHAI**

SPICY CHAI, BURSTING WITH THE SWEETNESS OF MAPLE

#### LEMONGRASS + GINGER

BREATHE OF FRESH AIR W/ A LEMON + GINGER FINISH

#### MINT CONDITION

EASY + SIMPLE, CLASSIC PEPPERMINT W/ A SUBTLE TWIST

#### SENCHA GREEN TEA

CLEAN, ASTRINGENT TASTE, NOTES OF SWEET FRUITINESS

MONDAY - SUNDAY - 6AM - 2PM

## SMOOTHIE BAR

ALL ~ 12 ~ EACH

+ WHEY PROTEIN / VEGAN PEA PROTEIN 4

#### **GREENIE**

ORGANIC GREENS, BANANA, BRAZIL NUTS, CHIA SEEDS, DATES + ALMOND MILK VG + GF + DF

#### MANGO SHACK

MANGO, PASSIONFRUIT, BANANA + ORGANIC COCONUT MILK VG + GF + DF

#### PEANUT BUTTER

BYRON BAY PEANUT BUTTER, BANANA, DATES + ALMOND MILK VG + GF + DF

#### MORNING KISS

BLUEBERRIES, DATES, STEEL CUT OATS, CHIA SEEDS, BANANA + ALMONDMILK VG + DF

## **ICED**

LONG BLACK / LATTE ~ 8.5 ~

COFFEE / CHOCOLATE / MOCHA ~ 10 ~

## **MILKSHAKES**

VANILLA / CARAMEL / CHOCOLATE / STRAWBERRY / COFFEE

~ 8 ~

## **THICKSHAKES**

VANILLA / CARAMEL / CHOCOLATE / STRAWBERRY / COFFEE

~ 9 ~

## **COLD PRESSED JUICE**

VITAMIN C NAVEL ORANGES

~ 8.5 ~

#### **PURIFY**

GREEN APPLE, KIWIFRUIT, KALE, SPINACH, CELERY, LEMON + CUCUMBER

~ 8.5 ~

#### **DETOX**

BEETROOT, CARROT, GINGER, LIME, BLACKBERRIES, MANDARIN

~ 8.5 ~

## **COLD DRINKS**

ORGANIC KOMBUCHA PEACH

~ 8.5 ~

SAN PELLEGRINO SPARKLING 500ML

~ 9 ~

AQUA PANA 500ML

~ 8 ~

COKE ZERO / COKE / SPRITE / LEMON LIME + BITTERS

~ 6.5 ~

## ORGANIC, RAW, VEGAN DELIGHTS

**SMALL BITES** 

~ 5.5 ~

**SLICED DELIGHTS** 

~ 9.5 ~

MONDAY - SUNDAY - 6AM - 2PM

## **BEERS & CIDER**

COAST ALE

~ 9.5 ~

XPA CANBERRA

~ 9.5 ~

STONE & WOOD PACIFIC ALE / BYRON BAY

~ 9.5 ~

MONTEITHS APPLE CIDER
NEW ZEALAND

~ 9.5 ~

## SPARKLING WINE

TREAD SOFTLY
PROSECCO 250ML
KOTARA, NSW
~ 11 GLASS ~

## WHITE WINE

FONTAVERA PINOT GRIGIO
VENEZIA, ITALY
~ 10.5 GLASS 48 BOTTLE ~

ROSE

NICK O'LEARY HILLTOPS

CANBERRA DISTRICT

~ 11 GLASS 52 BOTTLE ~